

ARE YOU WORRIED?

If at any time you are worried or know a friend is worried about anything and don't know who to talk to, please read this poster.

Who do I contact?
How do I contact
them?

Will anyone find out it
was me?

What will happen?

Will I get into trouble?



You can contact Ian at any time. If you prefer you can speak to someone you know and trust like your football coach or a parent.

You can ring Ian on 07835 243616

You can e mail Ian at ianliddiard@btinternet.com

Or you can contact us via the website <http://www.huttonfootballclub.org/> on the "Contact Us" form

We can take measures to ensure that you are protected and would not need to disclose your name

What will happen depends on lots of factors but if we know who you are we can keep you informed about what actions will be taken

If you are worried then you must trust your feelings and tell someone about it. You will never get into trouble for that.